



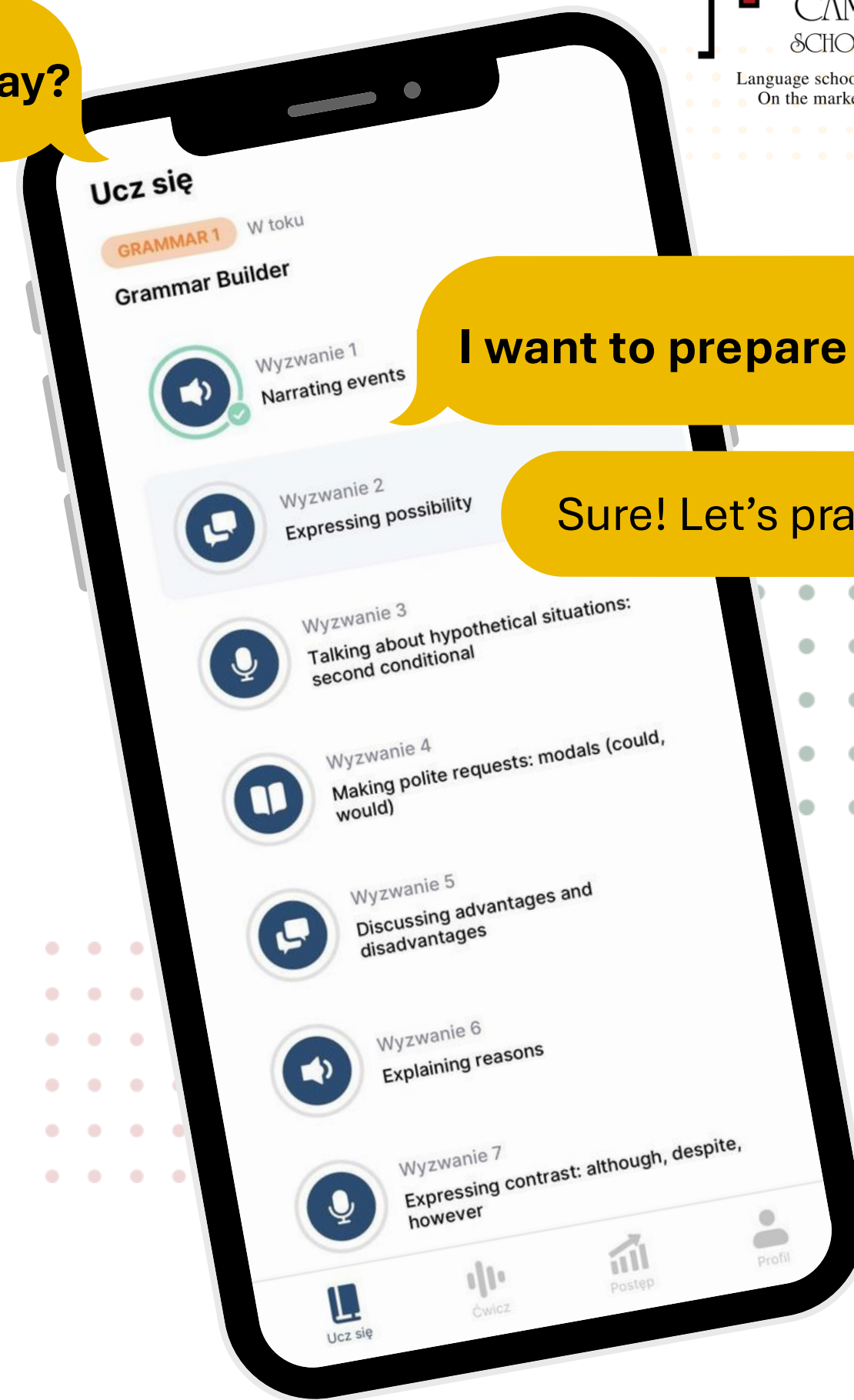
Hi! How are you doing today?

I want to prepare for IELTS

Sure! Let's practise!

CAI Language Coach

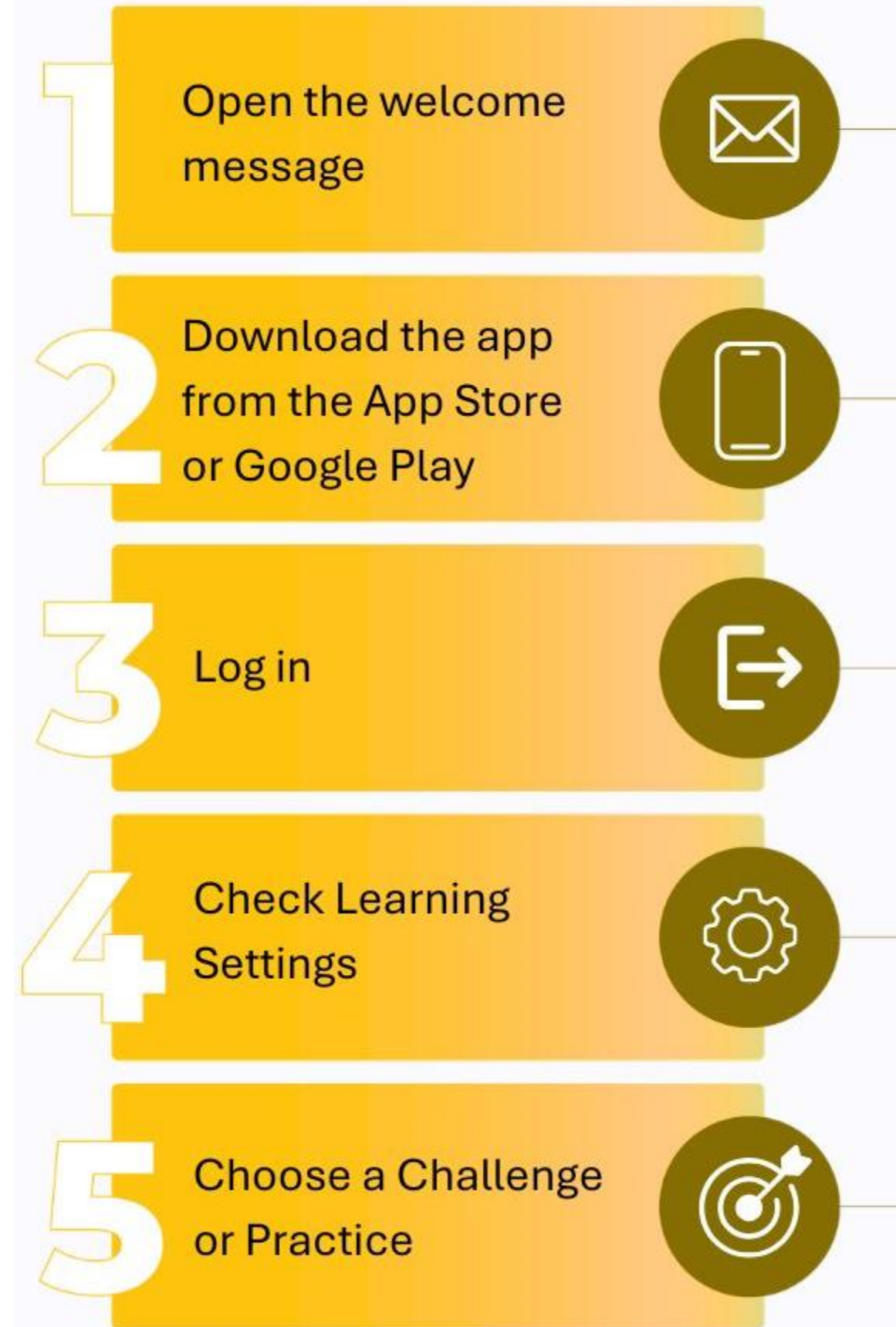
User Guide



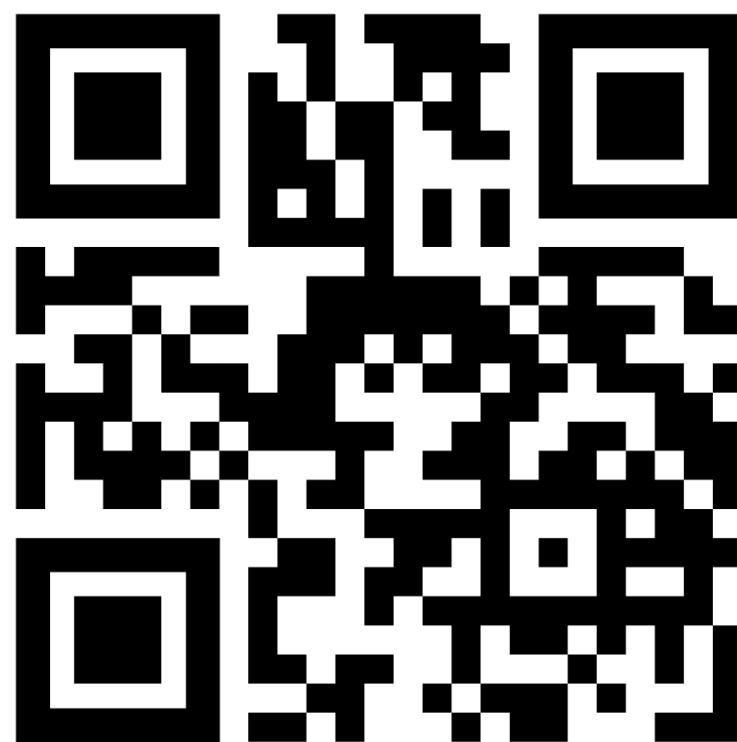


Quick Start

User Guide



The email you receive with access to the platform contains links to download the app from the iOS App Store or Google Play.



[Download on the App Store](#)



[Download on the Google Play](#)

Once you have downloaded the app, log in using the details sent to you by email.



Zaloguj się swoim emailem

[Zapomniałeś hasła?](#)

[Odzyskaj hasło](#)



After your first login, a short introductory conversation will appear. It will help personalise your learning experience.

Multiple languages on one platform

Your access includes 9 languages and language variants, and you can switch freely between them. More languages will be added over time.



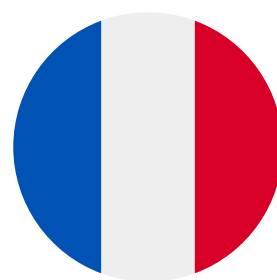
British English



American English



Spanish



French



German



Portuguese



Brazilian
Portuguese



Italian



Dutch

One user. One account. Many ways to learn.

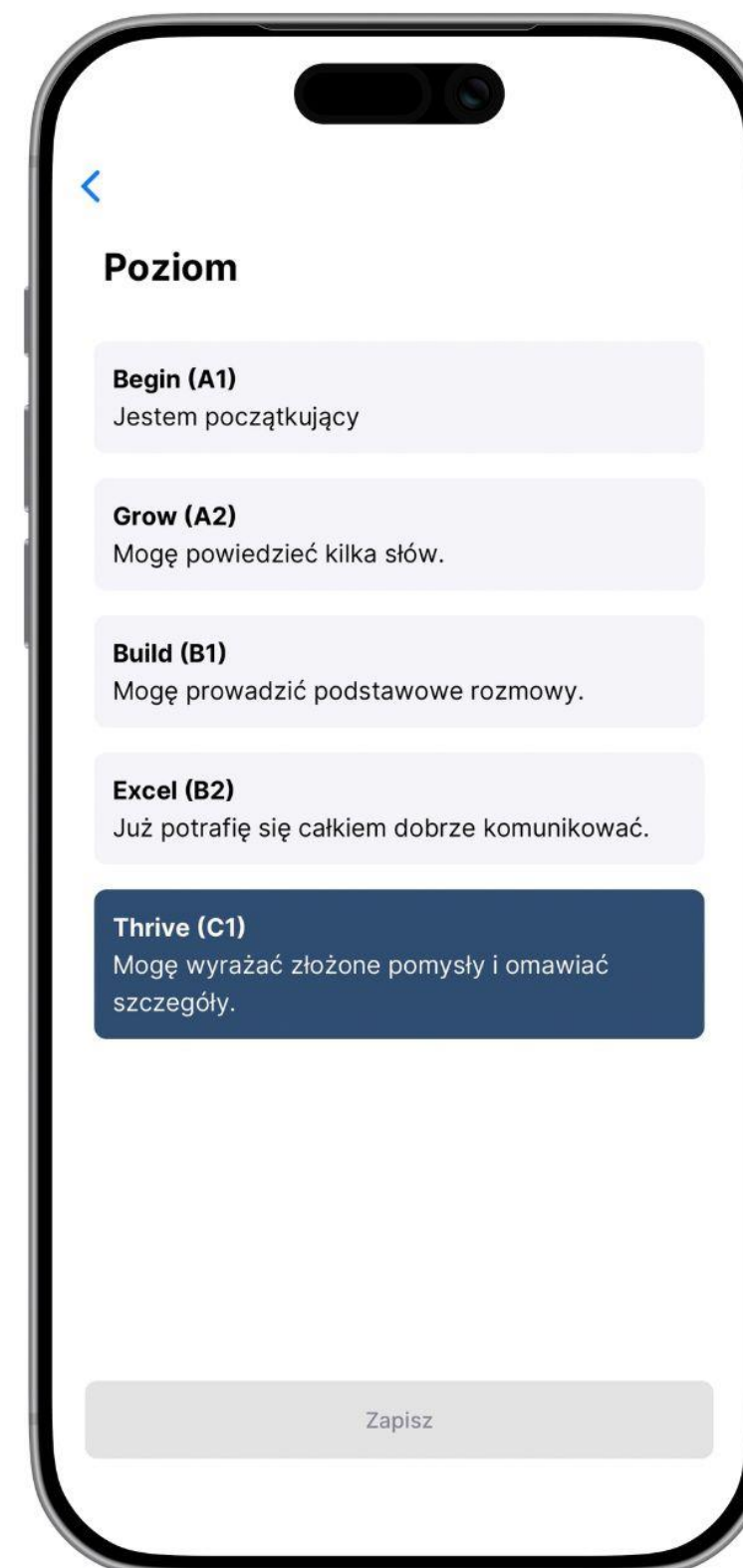
In Profile → Level, you can select the level at which you want to use the app.

Your chosen level determines the difficulty of the exercises, conversations and learning materials.

How do I change my level?

- Go to Profile.
- Select Level.
- Choose the level that matches your abilities: A1, A2, B1, B2 or C1.
- Tap “Save” to confirm the change.

Choose a level that reflects your current abilities so the app can adjust the difficulty of the materials and exercises accordingly.





Once you have personalised your settings in Profile, you're ready to go!

You can start learning straight away with exercises tailored to your level, goals and preferences.

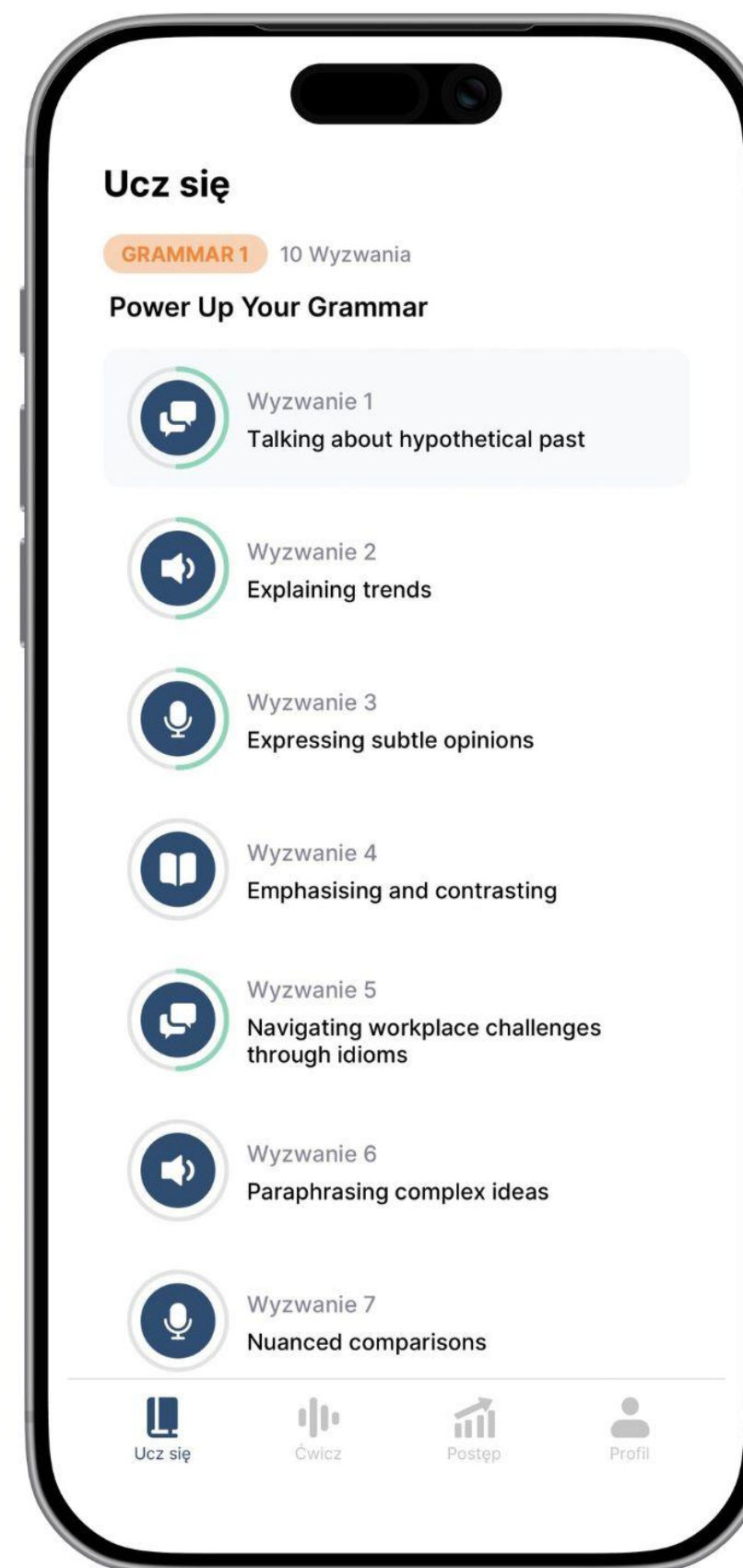
In the Learn tab, you'll find language modules selected for you and tailored to your level.

Each module contains a series of challenges designed to develop different language skills, including speaking, listening, reading, grammar and expressing yourself with confidence.

How do I use this section?

- Choose a module you'd like to work on, such as Grammar 1.
- You'll see a list of available challenges and their topics.
- Tap a challenge to start the exercise.
- The icons beside the tasks show what kind of activity to expect, such as listening, speaking, reading or language interaction.
- Complete the challenges and track your results in the **Progress** tab.

You can use the menu at the bottom of the screen to switch between **Learn**, **Practise**, **Progress** and **Profile** at any time.



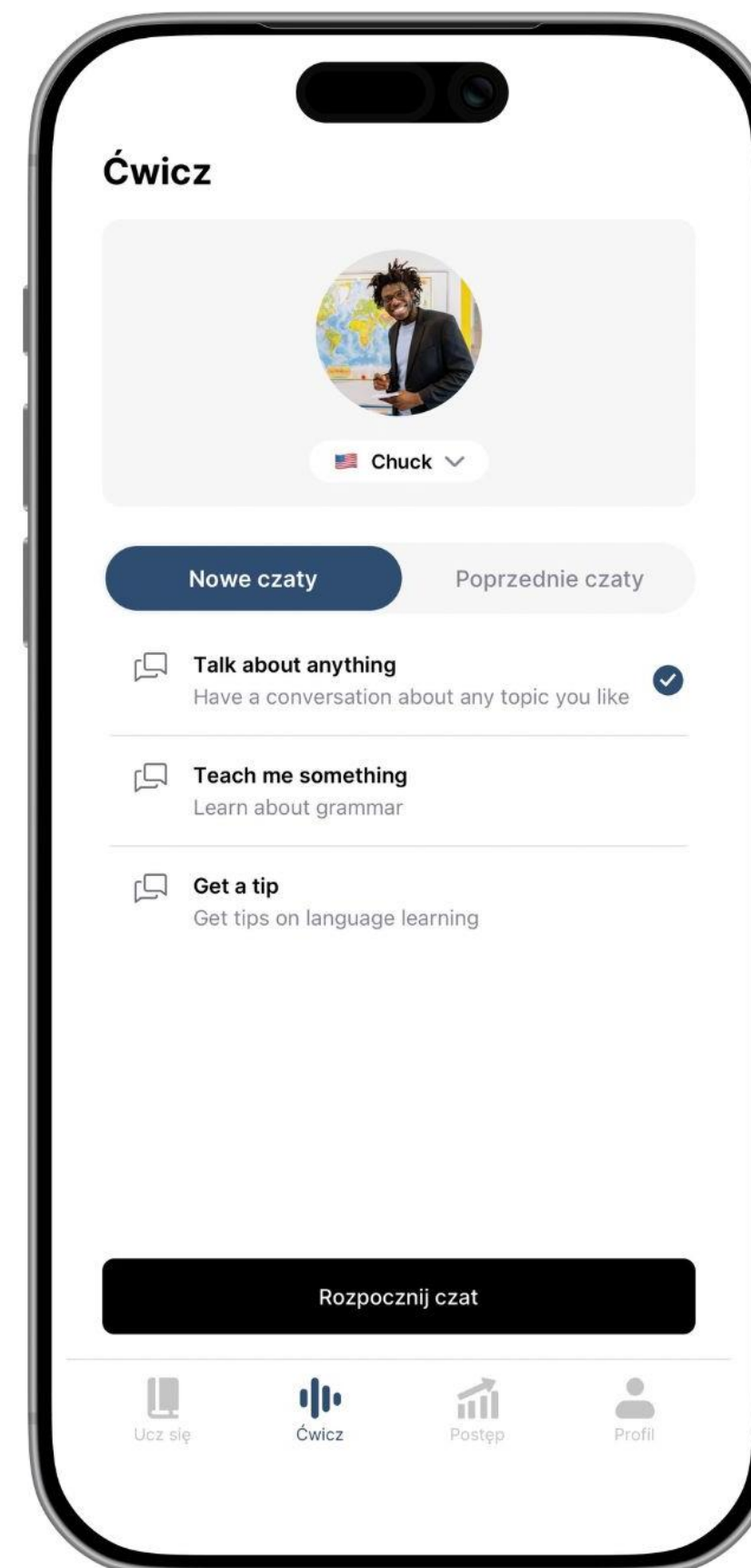
In the Practise tab, you can develop your language skills through conversations with a virtual teacher.

Choose the teacher you'd like to practise with, then decide what kind of conversation suits you best.

How do I use this section?

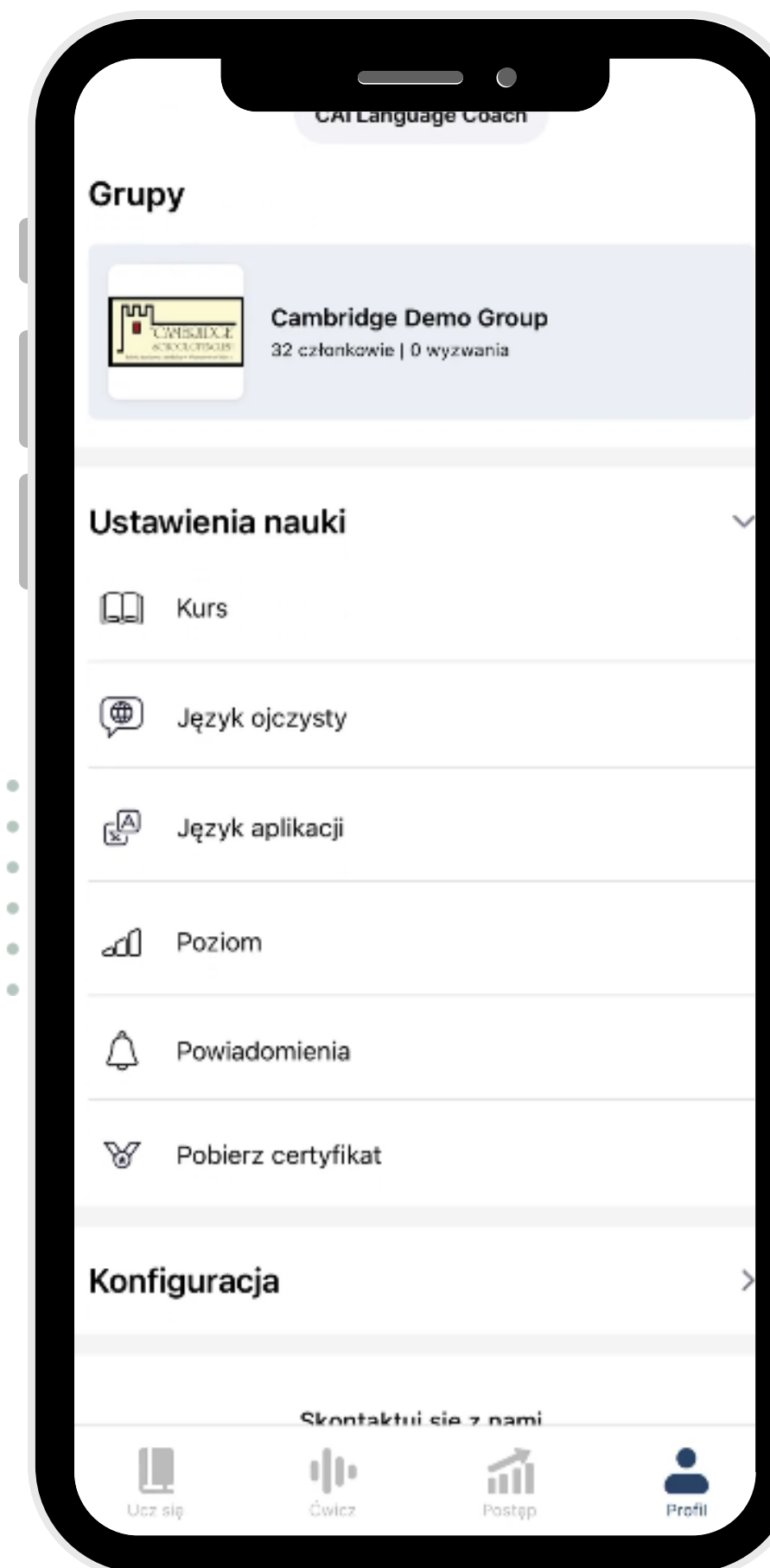
- Choose a teacher from the available list.
- In the **New Chats** tab, choose a type of exercise:
 - **Talk about anything** – have a conversation on any topic.
 - **Teach me something** – ask for an explanation of a specific topic, such as a grammar point.
 - **Get a tip** – receive practical language learning advice.
- Tap **Start Chat** to begin the conversation.
- In **Previous Chats**, you can return to earlier conversations and continue learning.

This section gives you a more flexible way to practise. Use it whenever you want to explore a particular topic or simply have a conversation in English.



Switch between courses to personalise your learning within a single subscription.

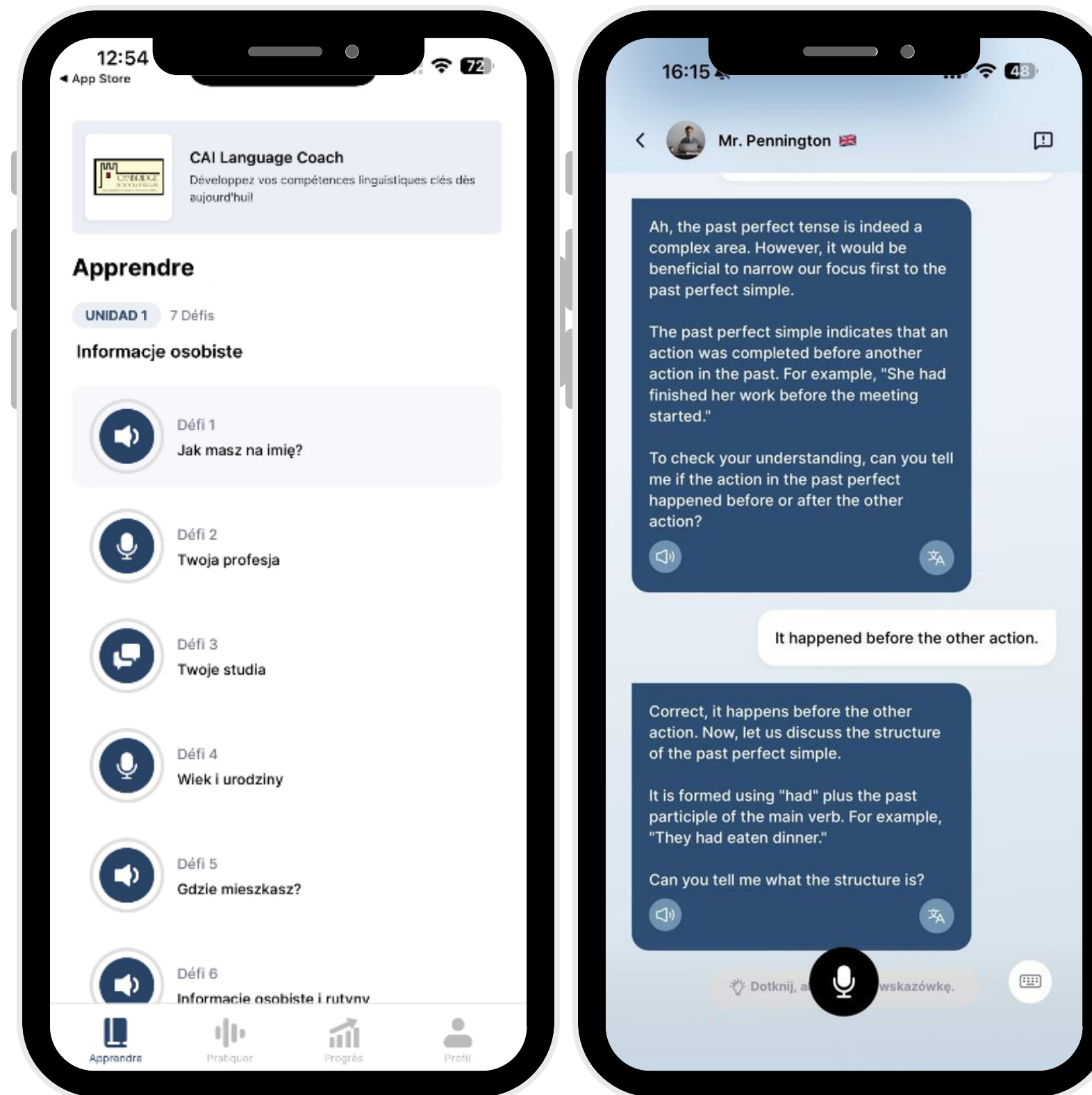
In your profile settings, you can change your learning preferences: the course you're taking, meaning the language you want to learn, as well as your native language and the app's display language.



Learn, talk with CAI Language Coach and track your progress regularly!

The app combines different ways to practise a language: exercises, conversations with AI, tasks and regular work with learning materials.

This lets you develop your language skills step by step, either on your own or alongside a course with a teacher.



FAQ

Does CAI Language Coach replace lessons with a teacher?

No. You can use the app independently, but it is also designed to support learning with a teacher. In a blended learning approach, it helps you practise between lessons, review what you've learned and spend more time speaking actively.

Can I use the app without taking a course at “Cambridge” School of English?

Yes. You can use CAI Language Coach as a standalone language learning app. If you'd like to combine it with lessons, you can also take a teacher-led course at “Cambridge” School of English.

Can a teacher assign tasks in the app?

Yes. A teacher can assign specific tasks to an individual student or a group. This makes the app a practical way to set speaking homework and supplement lessons.

Can a teacher monitor progress?

Yes. When the app is used with a teacher, they can monitor students' activity, completed tasks, results and progress.

Which language skills can I practise with CAI Language Coach?

The app focuses primarily on practical language use, including speaking, pronunciation, fluency, vocabulary, grammar and responding in realistic situations.

Can I use the app to practise Business English?

Yes. CAI Language Coach can support Business English and professional communication practice, including meetings, presentations, client conversations, negotiations and industry-specific situations.

FAQ

Can the app help me prepare for exams?

Yes. The app can support exam preparation through scenarios and tasks focused on practical language use, speaking and communication in specific contexts.

Is the app suitable for beginners?

Yes. CAI Language Coach supports learners from A1 to C1, and the feedback is adapted to the user's level.

How do I change the app's language?

To change your native language or the language used throughout the app, go to Profile → Learning Settings.

What should I do if I haven't received a welcome email?

Check your spam or junk folder. If you still can't find the email, contact us for help.

Will the app work on an older phone?

Yes. The app works on all phones.

Is there a desktop version of the app?

The app is currently available on mobile devices, including phones and tablets.